

# MIXING PROPERTIES OF MARKOV OPERATORS AND ERGODIC TRANSFORMATIONS, AND ERGODICITY OF CARTESIAN PRODUCTS

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*Dedicated to the memory of Shlomo Horowitz*

## ABSTRACT

Let  $T$  be a Markov operator on  $L_1(X, \Sigma, m)$  with  $T^* = P$ . We connect properties of  $P$  with properties of all products  $P \times Q$ , for  $Q$  in a certain class: (a) (Weak mixing theorem)  $P$  is ergodic and has no unimodular eigenvalues  $\neq 1 \Leftrightarrow$  for every  $Q$  ergodic with finite invariant measure  $P \times Q$  is ergodic  $\Leftrightarrow$  for every  $u \in L_1$  with  $\int u dm = 0$  and every  $f \in L_\infty$  we have  $N^{-1} \sum_{n=1}^N |\langle u, P^n f \rangle| \rightarrow 0$ . (b) For every  $u \in L_1$  with  $\int u dm = 0$  we have  $\|T^n u\|_1 \rightarrow 0 \Leftrightarrow$  for every ergodic  $Q$ ,  $P \times Q$  is ergodic. (c)  $P$  has a finite invariant measure equivalent to  $m \Leftrightarrow$  for every conservative  $Q$ ,  $P \times Q$  is conservative. The recent notion of mild mixing is also treated.

## 1. Introduction

In the ergodic theory of measure preserving transformations of a finite measure space there is a fairly well understood hierarchy of mixing conditions: ergodicity, weak mixing, mixing, mixing of all orders,  $K$ -automorphisms,  $B$ -shifts, and various other intermediate concepts. Various attempts have been made to extend some of these notions to transformations, and more generally to Markov operators, that preserve an infinite measure (cf. [13], [14], [16]–[20]). In particular the Koopmans–von Neumann–Halmos (K–vN–H) theorem, which says that (for probability preserving transformations) weak mixing is equivalent to a condition on the spectrum as well as to a multiplier property ( $T$  is weak mixing if and only if for all  $S$  ergodic  $T \times S$  is ergodic), presents a challenge to find an appropriate analogue. It was this challenge that motivated much of the work that we shall now describe.

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Let  $(X, \Sigma, m)$  be a  $\sigma$ -finite measure space, and let  $P$  be a Markov operator on  $L_\infty(m)$ , i.e.,  $P$  is the adjoint of a positive contraction  $T$  on  $L_1(X, \Sigma, m)$  (see [7] for the properties and definitions that won't be made explicitly in what follows). Recall that  $P$  is said to be *ergodic* if for all  $u \in L_1$  with zero integral ( $\int u dm = 0$ ) we have

$$(1) \quad \lim_{N \rightarrow \infty} \left\| \frac{1}{N} \sum_{n=1}^N T^n u \right\|_1 = 0.$$

By the Hahn–Banach theorem  $P$  is ergodic if and only if  $Pf = f$  implies that  $f$  is a constant. Next we shall say that  $P$  is *weakly mixing* if for all  $u$  with zero integral

$$(2) \quad \lim_{N \rightarrow \infty} \sup_{\|f\|_\infty \leq 1} \frac{1}{N} \sum_{n=1}^N |\langle u, P^n f \rangle| = 0.$$

In [13] it is shown that this is equivalent to

$$(3) \quad \lim_{N \rightarrow \infty} \frac{1}{N} \sum_{n=1}^N |\langle T^n u, f \rangle| = 0$$

for all  $f \in L_\infty$  and all  $u$  with zero integral. We say that  $P$  is *mixing* if for all  $u$  with zero integral  $T^n u \rightarrow 0$  weakly in  $L_1$ , and that  $P$  is *completely mixing* if for all such  $u, \|T^n u\|_1 \rightarrow 0$ . In [16] it is shown that if  $P$  has no finite invariant measure and is mixing then  $P$  is completely mixing; thus an invertible ergodic transformation with infinite invariant measure cannot be mixing with this definition of mixing. We shall also investigate a mixing notion recently introduced in [8] for point transformations with finite invariant measure, namely:  $P$  is said to be *mildly mixing* if  $P^n f \rightarrow f$  weak-\* in  $L_\infty$  implies that  $f$  is constant a.e. Since  $P$  is mixing if and only if all weak-\* limit points of  $\{P^n f\}$  are constants [17], if  $P$  is mixing it is mildly mixing.

The cartesian product of two Markov operators  $P$  on  $L_\infty(X, \Sigma, m)$  and  $Q$  on  $(Y, \mathcal{F}, \mu)$  can be defined from  $P(x, A)$  and  $Q(y, B)$ , the transition probabilities of  $P$  and  $Q$ , by using  $P(x, \cdot) \times Q(y, \cdot)$  to define a transition probability on  $(X \times Y, \Sigma \times \mathcal{F})$  and so  $P \times Q$  is again a Markov operator. After these definitions we can describe the main results that will be presented here. It turns out that we do not need to assume existence of a  $\sigma$ -finite invariant measure.

Generalizing the K–vN–H weak mixing theorem we show in §4 that  $P$  is weakly mixing if and only if “for all ergodic  $Q$  with finite invariant measure  $P \times Q$  is ergodic” if and only if “ $P$  is ergodic and has no unimodular eigenvalues other than 1.” Complete mixing also is a multiplier property, namely:  $P$  is completely mixing if and only if for every ergodic  $Q, P \times Q$  is ergodic (Theorem

5.1). A sample result relating mild mixing to a multiplier property is Corollary 6.4 which says that if  $P$  is mildly mixing and  $Q$  is ergodic and conservative with  $\sigma$ -finite invariant measure then  $P \times Q$  is ergodic. Section 3 treats in a sense a more fundamental question and shows that for any conservative  $P$  there always are  $Q$  such that  $P \times Q$  is conservative. Conversely, if  $P$  preserves no finite measure then there always is a conservative ergodic  $Q$  such that  $P \times Q$  is not conservative. Finally, or firstly, we give a rapid discussion in §2 of the construction of a point transformation, the Markov shift, associated with a Markov operator and in particular compare the various mixing properties of the operator with those of the corresponding shift.

All multiplier-mixing questions have by no means been resolved. We should like to mention in particular the following: What is the mixing property (if any) of  $P$  that is equivalent to the “multiplier property”: for any ergodic  $Q$  such that  $P \times Q$  is conservative,  $P \times Q$  is also ergodic?

## 2. Ergodic properties of the Markov shift

Let  $(X, \Sigma)$  be a measurable space, and  $P(x, A)$  a transition probability on  $X \times \Sigma$ . Define  $\Omega = \prod_{i=0}^{\infty} X_i$ , with  $X_i = X$  for each  $i$ , and let  $\mathcal{B}$  be the  $\sigma$ -algebra generated by the cylinders. For  $x \in X$  and  $A_0, A_1, \dots, A_k \in \Sigma$  define

$$P_x(A_0 \times A_1 \times \dots \times A_k) = I_{A_0} P(1_{A_1} P(\dots I_{A_{k-1}} P(I_{A_k} 1) \dots))(x)$$

(where  $I_A$  is the operator of multiplication by the indicator function  $1_A$ , and  $Pf(x) = \int f(y)P(x, dy)$ ).  $P_x$  is uniquely defined, since  $P1 = 1$  and  $P$  is linear, and can be extended to a probability measure  $P_x(\cdot)$  on  $\mathcal{B}$ . Denote  $Q_B(x) = P_x(B)$  for  $x \in X$ ,  $B \in \mathcal{B}$ . Then  $\{B \in \mathcal{B} : Q_B(\cdot)$  is  $\Sigma$ -measurable $\}$  is a monotone class containing all finite unions of disjoint cylinders, hence equals  $\mathcal{B}$ .

For an element  $\omega \in \Omega$  we denote its  $n$ -th coordinate by  $x_n(\omega)$ . Then  $x_n(\cdot)$  is a measurable map, and for any  $g(x)$  bounded  $\Sigma$ -measurable,  $h_n(\omega) = g(x_n(\omega))$  is  $\mathcal{B}$ -measurable.

For  $h(\omega)$  bounded  $\mathcal{B}$ -measurable, we define

$$\hat{h}(x) = \int h(\omega) dP_x \equiv \int h(\omega) P_x(d\omega).$$

For  $B \in \mathcal{B}$ ,  $\hat{1}_B(x) = P_x(B) = Q_B(x)$ , and by approximation we have that  $\hat{h}(x)$  is  $\Sigma$ -measurable.

Now, given  $g \in B(X, \Sigma)$ , let  $h(\omega) = g(x_0(\omega))$ . We show that  $\hat{h} = g$ : If  $g = 1_A$  with  $A \in \Sigma$ , then

$$\hat{h}(x) = \int 1_A(x_0(\omega))P_x(d\omega) = P_x(\{x_0(\omega) \in A\}) = 1_A(x).$$

Approximation yields the result.

We now define the shift transformation  $\theta$  in  $\Omega$  by  $\theta(x_0, x_1, \dots) = (x_1, x_2, \dots)$ , which is clearly  $\mathcal{B}$ -measurable and let  $(Th)(\omega) = h(\theta\omega)$  be defined on  $\mathcal{B}$ -measurable functions.

LEMMA 2.1.  $\widehat{T^n h} = P^n \hat{h}$ , for  $h \in B(\Omega, \mathcal{B})$ .

PROOF. Let  $B = A_0 \times A_1 \times A_2 \times \dots \times A_k$ , with  $A_j \in \Sigma$ . Then

$$\begin{aligned} \widehat{T^n 1_B}(x) &= \hat{1}_{\theta^{-n}B}(x) = P_x(\theta^{-n}B) = P_x(X \times X \cdots X \times A_0 \times \dots \times A_k) \\ &= P^n I_{A_0} P(\cdots P(I_{A_k} 1) \cdots)(x). \end{aligned}$$

Hence  $\widehat{T^n 1_B} = P^n Q_B = P^n \hat{1}_B$ . Now  $\{B \in \mathcal{B} : \widehat{T^n 1_B} = P^n \hat{1}_B\}$  is monotone and contains finite unions of disjoint cylinders, hence equals  $\mathcal{B}$ . Linearity and approximations finish the proof.

For a finite measure  $\mu$  on  $\Sigma$  define  $\tilde{\mu}$  on  $\mathcal{B}$  by

$$\tilde{\mu}(B) = \int \hat{1}_B(x)\mu(dx) = \int P_x(B)\mu(dx).$$

Then  $\tilde{\mu}$  is a measure, and  $\langle \tilde{\mu}, h \rangle = \langle \mu, \hat{h} \rangle$  for  $h \in B(\Omega, \mathcal{B})$ . The following lemma is now easy.

LEMMA 2.2. (a)  $\langle \tilde{\mu}, T^n h \rangle = \langle \mu, P^n \hat{h} \rangle$ .

(b) If  $\mu \ll m$ , then  $\tilde{\mu} \ll \tilde{m}$ .

(c) If  $mP \ll m$ , then  $\tilde{m}\theta^{-1} \ll \tilde{m}$ .

For the rest of this section, we assume  $mP \ll m$ . Then  $P$  induces a Markov operator on  $L_\infty(m)$  (still denoted by  $P$ ), and  $\theta$  is  $\tilde{m}$ -non-singular. We assume that  $m(X) = 1$ .

THEOREM 2.3. Let  $C$  and  $D$  be the conservative and dissipative parts for  $P$ . The conservative and dissipative parts for  $\theta$  are  $\{\omega : x_0(\omega) \in C\}$  and  $\{\omega : x_0(\omega) \in D\}$ , respectively.

PROOF. Let  $\tilde{D}$  be the dissipative part for  $\theta$ .

It is known [11] that  $D = \bigcup_{k=1}^{\infty} A_k$  with  $\sum_{n=0}^{\infty} P^n 1_{A_k} \in L_{\infty}(m)$ . Let  $B_k = \{\omega : x_0(\omega) \in A_k\}$ . Then  $\hat{1}_{B_k} = 1_{A_k}$ , and

$$\begin{aligned} \left\langle \bar{m}, \sum_{n=0}^{\infty} T^n 1_{B_k} \right\rangle &= \sum_{n=0}^{\infty} \langle \bar{m}, T^n 1_{B_k} \rangle = \sum_{n=0}^{\infty} \langle m, P^n \hat{1}_{B_k} \rangle \\ &= \left\langle m, \sum_{n=0}^{\infty} P^n 1_{A_k} \right\rangle < \infty. \end{aligned}$$

Hence  $\sum_{n=0}^{\infty} T^n 1_{B_k} < \infty$   $\bar{m}$ -a.e., and  $B_k \subset \bar{D}$ . Hence  $\{\omega : x_0(\omega) \in D\} = \bigcup_{k=1}^{\infty} B_k \subset \bar{D}$ . Now let  $B \subset \bar{D} - \{x_0(\omega) \in D\}$ , such that  $\sum_{n=0}^{\infty} T^n 1_B \in L_{\infty}(\bar{m})$ . Hence

$$\left\langle m, \sum_{n=0}^{\infty} P^n \hat{1}_B \right\rangle = \sum_{n=0}^{\infty} \langle m, P^n \hat{1}_B \rangle = \sum_{n=0}^{\infty} \langle \bar{m}, T^n 1_B \rangle < \infty.$$

Hence  $\sum_{n=0}^{\infty} P^n \hat{1}_B < \infty$  a.e., and  $\{x : \hat{1}_B(x) > 0\} \subset D$ . But  $B \subset \{x_0(\omega) \in C\}$ , so  $\hat{1}_B \leq 1_C$ , so it is zero on  $D$ . Hence  $\bar{m}(B) = \langle m, \hat{1}_B \rangle = 0$ . Q.E.D.

For the next results, we need the following formula:

LEMMA 2.4. For  $f \in B(\Omega, \mathcal{B})$  and  $A_0, A_1, \dots, A_k \in \Sigma$ ,

$$\int 1_{A_0 \times A_1 \times \dots \times A_k}(\omega) f(\theta^{k+1} \omega) \bar{m}(d\omega) = \int I_{A_0} P(I_{A_1} P(\dots I_{A_k} P f) \dots) dm.$$

PROOF. Take first  $f$  an indicator function of a cylinder, and apply the definitions. Then use linearity and approximation.

THEOREM 2.5.  $P$  is ergodic  $\Leftrightarrow \theta$  is ergodic.

PROOF. (a) Let  $P$  be ergodic. Let  $h \in B(\Omega, \mathcal{B})$  satisfy  $Th = h$   $\bar{m}$ -a.e. For every finite  $\mu \ll m$  we have

$$\langle \mu, \hat{h} \rangle = \langle \bar{\mu}, h \rangle = \langle \bar{\mu}, Th \rangle = \langle \mu, \widehat{Th} \rangle = \langle \mu, P\hat{h} \rangle,$$

so that  $P\hat{h} = \hat{h}$  a.e., and  $\hat{h} = \text{const. a.e.}$  Let  $\hat{h} \equiv \alpha$ .

Let  $\nu$  be the measure on  $\mathcal{B}$  defined by  $d\nu = h d\bar{m}$ . Then, using Lemma 2.4,

$$\begin{aligned} \nu(A_0 \times A_1 \times \dots \times A_k) &= \int 1_{A_0 \times A_1 \times \dots \times A_k}(\omega) h(\omega) \bar{m}(d\omega) \\ &= \int 1_{A_0 \times \dots \times A_k}(\omega) h(\theta^{k+1} \omega) \bar{m}(d\omega) \\ &= \int (I_{A_0} P(\dots I_{A_k} P h) \dots) dm \\ &= \alpha \bar{m}(A_0 \times A_1 \times \dots \times A_k). \end{aligned}$$

Hence  $\nu = \alpha \tilde{m}$  and  $h = \alpha \tilde{m}$ -a.e.

(b) Assume now that  $\theta$  is ergodic. If  $\mu \ll m$  is a finite signed measure with  $\mu(X) = 0$ , then  $\tilde{\mu} \ll \tilde{m}$  and  $\tilde{\mu}(\Omega) = 0$ . Hence by ergodicity

$$\left\| N^{-1} \sum_{n=1}^N \mu \theta^{-n} \right\| \xrightarrow{N \rightarrow \infty} 0.$$

For  $A \in \Sigma$ , let  $\tilde{A} = \{\omega : x_0(\omega) \in A\}$ . Then

$$N^{-1} \sum_{n=1}^N \langle \mu, P^n 1_A \rangle = N^{-1} \sum_{n=1}^N \tilde{\mu} \theta^{-n}(\tilde{A}) \xrightarrow{N \rightarrow \infty} 0,$$

since  $\hat{1}_{\tilde{A}} = 1_A$ . Hence  $P$  is ergodic.

**THEOREM 2.6.**  *$P$  on  $L_\infty(m)$  has the same unimodular eigenvalues as  $T$  on  $L_\infty(\tilde{m})$ .*

**PROOF.** (a) Let  $|\lambda| = 1, \lambda \neq 1$ , be an eigenvalue of  $T$ . There exists  $0 \neq h \in L_\infty(\tilde{m})$  with  $Th = \lambda h$   $\tilde{m}$ -a.e. For  $\mu \ll m$  we have

$$\lambda \langle \mu, \hat{h} \rangle = \lambda \langle \tilde{\mu}, h \rangle = \langle \tilde{\mu}, Th \rangle = \langle \mu, P\hat{h} \rangle.$$

Hence  $P\hat{h} = \lambda \hat{h}$ . We show that  $\hat{h} \not\equiv 0 \pmod{m}$ . Let  $\nu$  be the finite complex measure on  $\mathcal{B}$  defined by  $d\nu = h d\tilde{m}$ . We obtain

$$\lambda^{k+1} \nu(A_0 \times A_1 \times \dots \times A_k) = \int I_{A_0} P(I_{A_1} \dots (I_{A_k} P\hat{h}) \dots) dm.$$

Hence, if  $\hat{h} \equiv 0, \nu = 0$ , and  $h = d\nu/d\tilde{m} = 0$  a.e., a contradiction. Thus,  $\lambda$  is an eigenvalue of  $P$ .

(b) Let  $|\lambda| = 1, \lambda \neq 1$ , be an eigenvalue of  $P$ . Hence there exists a finite complex measure  $\mu \ll m$  such that  $N^{-1} \sum_{n=1}^N \lambda^{-n} \mu P^n$  does not converge to zero (if  $Pg = \lambda g, g \neq 0$ , take  $\mu$  with  $\int g d\mu \neq 0$ ).

Assume  $\lambda$  is not an eigenvalue of  $T$ . Then  $\tilde{\mu}$  is orthogonal to the fixed points of  $\lambda^{-1}T$  (there are none), so that  $\|N^{-1} \sum_{n=1}^N \lambda^{-n} \tilde{\mu} \theta^{-n}\| \rightarrow 0$ , and  $N^{-1} \sum_{n=1}^N \lambda^{-n} \mu P^n \rightarrow 0$  weakly is shown as in the previous proof, a contradiction.

**REMARK.** It now follows immediately that the unimodular eigenvalues of  $P$  are a subgroup of the unit circle.

**THEOREM 2.7.**  *$P$  on  $L_\infty(m)$  is weakly mixing  $\Leftrightarrow T$  is weakly mixing on  $L_\infty(\tilde{m})$ .*

PROOF. (a) Let  $T$  be weakly mixing. Let  $\mu \ll m$  be a finite signed measure with  $\mu(X) = 0$ . Then  $\tilde{\mu} \ll \tilde{m}$  and  $\tilde{\mu}(\Omega) = 0$ . For  $A \in \Sigma$ , let  $\tilde{A} = \{\omega : x_0(\omega) \in A\}$ . Then, by Lemma 2.2,

$$N^{-1} \sum_{n=1}^N |\langle \mu, P^n 1_A \rangle| = N^{-1} \sum_{n=1}^N |\langle \tilde{\mu}, T^n 1_{\tilde{A}} \rangle|,$$

which converges to 0 since  $T$  is weakly mixing. Hence  $P$  is weakly mixing.

(b) Let  $P$  be weakly mixing. We assume w.l.g. that  $m(X) = 1$ . Hence also  $\tilde{m}(\Omega) = 1$ . Let  $\nu$  be a measure on  $(\Omega, \mathcal{B}, \tilde{m})$  with  $d\nu/d\tilde{m} = 1_{A_0 \times A_1 \times \dots \times A_k}$ . Let  $\alpha = \tilde{m}(A_0 \times A_1 \times \dots \times A_k)$ . For  $h \in L_\infty(\tilde{m})$  we have

$$\begin{aligned} \langle \nu - \alpha \tilde{m}, T^{k+r} h \rangle &= \int 1_{A_0 \times A_1 \times \dots \times A_k}(\omega) h(\theta^{k+r} \omega) \tilde{m}(d\omega) - \alpha \int h(\theta^{k+r} \omega) \tilde{m}(d\omega) \\ &= \int I_{A_0}(PI_{A_1}(\dots I_{A_k} P^r \hat{h}) \dots) dm - \alpha \int P^{k+r} \hat{h} dm \\ &= \langle \hat{\nu} - \alpha m P^k, P^r \hat{h} \rangle, \end{aligned}$$

where  $\hat{\nu} = (\dots((mI_{A_0})PI_{A_1})\dots)PI_{A_k}$ . By the definitions,  $\hat{\nu}(X) = \alpha$ . Hence  $\langle \hat{\nu} - \alpha m P^k \rangle(X) = 0$ , and by weak mixing of  $P$  we have

$$N^{-1} \sum_{r=1}^N |\langle \nu - \alpha \tilde{m}, T^{k+r} h \rangle| = N^{-1} \sum_{r=1}^N |\langle \hat{\nu} - \alpha m P^k, P^r \hat{h} \rangle| \xrightarrow{N \rightarrow \infty} 0.$$

Hence  $N^{-1} \sum_{r=1}^N |\langle \nu - \alpha \tilde{m}, T^r h \rangle| \rightarrow 0$  for every  $h \in L_\infty(m)$ . Standard approximations yield that  $T$  is weakly mixing.

THEOREM 2.8.  $P$  on  $L_\infty(m)$  is mixing (completely mixing)  $\Leftrightarrow T$  on  $L_\infty(\tilde{m})$  is mixing (completely mixing).

The proof is similar to the previous proof. The result for complete mixing is essentially due to Jamison and Orey [12]. The mixing case is well-known.

Furstenberg and Weiss [8] have introduced the concept of *mild mixing* for (invertible) ergodic transformations with finite invariant measure. We now have the following

THEOREM 2.9.  $P$  on  $L_\infty(m)$  is mildly mixing  $\Rightarrow T$  on  $L_\infty(\tilde{m})$  is mildly mixing. If  $L_1(m)$  is separable, also the converse is true.

PROOF. (a) Let  $P$  be mildly mixing. Let  $h \in L_\infty(\tilde{m})$  satisfy  $T^n h \rightarrow h$  weak-\*, for some  $\{n_i\}$ . Then for any finite measure  $\mu \ll m$ , we have by Lemma 2.4 that

$$\langle \mu, P^{n_i} \hat{h} \rangle = \langle \tilde{\mu}, T^{n_i} h \rangle \rightarrow \langle \tilde{\mu}, h \rangle = \langle \mu, \hat{h} \rangle.$$

Hence  $P^n \hat{h} \rightarrow \hat{h}$  weak-\* in  $L_\infty(m)$ , so  $\hat{h}$  is constant a.e.  $m$ . The first part of the proof of Theorem 2.5 shows that  $h$  is constant a.e.  $\tilde{m}$ . Hence  $T$  is mildly mixing.

(b) Let  $T$  be mildly mixing. If  $g \in L_\infty(m)$  satisfies  $P^n g \rightarrow g$  weak-\* in  $L_\infty(m)$ , we look at  $h \in L_\infty(\tilde{m})$  such that  $\hat{h} = g$ .

We now use the separability of  $L_1(\tilde{m})$ , implied by that of  $L_1(m)$ . Take a subsequence of  $\{T^n h\}$  which converges weak-\* in  $L_\infty(m)$ . By passing to the subsequence, we may and do assume that  $T^n h$  converges weak-\*, say to  $f$ . Hence, for each  $j$ ,

$$T^{n_i+j} h \xrightarrow{i \rightarrow \infty} T^j f \quad (\text{weak-*}).$$

Fix  $k$ , and for  $\nu \ll \tilde{m}$  with  $d\nu/d\tilde{m} = 1_{A_0 \times A_1 \times \dots \times A_k}$  we have, by Lemma 2.4, that for  $j > k$ ,

$$\langle \nu, T^{n_i+j} h \rangle = \langle \hat{\nu}, P^{n_i+j-k-1} g \rangle \xrightarrow{i \rightarrow \infty} \langle \hat{\nu}, P^{j-k-1} g \rangle = \langle \nu, T^j h \rangle,$$

where  $\hat{\nu} = m I_{A_0} P I_{A_1} \dots I_{A_k} P$ .

Now, for  $j > k$ ,  $\langle \nu, T^j f \rangle = \langle \nu, T^j h \rangle$ , so also  $\langle \nu, T^{n_i} f \rangle = \langle \nu, T^{n_i} h \rangle$  for all large  $i$ . Hence

$$\lim_{i \rightarrow \infty} \langle \nu, T^{n_i} f \rangle = \lim_{i \rightarrow \infty} \langle \nu, T^{n_i} h \rangle = \langle \nu, f \rangle.$$

It now follows by linearity and approximation that  $T^n f \rightarrow f$  weak-\* in  $L_\infty(\tilde{m})$ , hence  $f$  is constant, say  $f = \alpha$   $\tilde{m}$ -a.e., by mild mixing of  $T$ . For  $\mu \ll m$  a probability,

$$\langle \mu, g \rangle = \lim \langle \mu, P^n g \rangle = \lim \langle \tilde{\mu}, T^n h \rangle = \langle \tilde{\mu}, f \rangle = \alpha.$$

Hence  $g = \alpha$  a.e., and  $P$  is mildly mixing.

We shall need in the sequel the following well-known lemma.

LEMMA 2.10. *Let  $\sigma$  be conservative (ergodic) on  $(X, m)$ ,  $\tau$  non-singular on  $(Y, \mu)$ . If  $\sigma$  is mapped onto  $\tau$ , i.e., there exists  $\rho$  measurable from  $X$  onto  $Y$  such that  $\rho\sigma = \tau\rho$  and  $m\rho^{-1} = \mu$ , then  $\tau$  is conservative. (ergodic).*

PROOF. If  $f \in L_\infty(Y)$  satisfies  $f(\tau y) \leq f(y)$  a.e., define  $g(x) = f(\rho x)$ . Then  $g(\sigma x) = f(\rho\sigma x) = f(\tau\rho x) \leq f(\rho x) = g(x)$ . Since  $\sigma$  is conservative,  $g(\sigma x) = g(x)$  a.e. Hence  $f(\tau y) = f(y)$  a.e. Hence  $\sigma$  is conservative. Ergodicity is proved similarly.



Now let  $\mu$  be a  $\sigma$ -finite invariant measure for  $P$  (i.e.,  $\int P f d\mu = \int f d\mu$  for  $0 \leq f \in B(X, \Sigma)$ ); if  $\mu$  is finite,  $\tilde{\mu}$  is a finite invariant measure for  $\theta$ , by Lemma 2.2. If  $\mu$  is  $\sigma$ -finite and infinite,  $\tilde{\mu}$  can still be defined on  $\mathcal{B}$ , and will be  $\sigma$ -finite and invariant for  $\theta$ . Let  $\Omega_1 = \prod_{i=-\infty}^{\infty} X_i$ , with  $X_i = X$  for every  $i$ , and let  $\mathcal{B}_1$  be the  $\sigma$ -algebra generated by the cylinders. Let  $A_0, A_1, \dots, A_k \in \Sigma$ . We look at the cylinder in  $\mathcal{B}_1$ ,

$$B = \{x_j \in A_0, x_{j+1} \in A_1, \dots, x_{j+k} \in A_k\},$$

and define  $\tilde{\tilde{\mu}}(B) = \tilde{\mu}(A_0 \times A_1 \times \dots \times A_k)$ . The invariance of  $\tilde{\mu}$  under  $\theta$  makes  $\tilde{\tilde{\mu}}$  well-defined, and it can be extended to a  $\sigma$ -finite measure on  $\mathcal{B}_1$ . Let  $\sigma$  be the two-sided shift  $\sigma(x_i)_{i=-\infty}^{\infty} = (x_{i+1})_{i=-\infty}^{\infty}$ . We obtain that  $\tilde{\tilde{\mu}}\sigma^{-1} = \tilde{\tilde{\mu}}$ , and have the following well-known result.

**THEOREM 2.11** [10]. *Let  $P$  have a  $\sigma$ -finite invariant measure  $\mu$ .  $P$  is conservative and ergodic  $\Leftrightarrow$  the two sided shift  $\sigma$  is conservative and ergodic.*

**REMARK.** If  $P$  is ergodic and dissipative,  $\sigma$  will not be conservative; if it were, the shift  $\theta$  would be conservative by Lemma 2.10—contradicting Theorem 2.3. Since  $\sigma$  is invertible non-conservative (on a non-atomic space), it is not ergodic.

### 3. Conservative Cartesian products

Let  $P$  and  $Q$  be conservative Markov operators on  $L_\infty(X, m)$  and  $L_\infty(Y, \mu)$ , respectively. We know that  $P \times Q$  need not be conservative (e.g.,  $P$  is the two-dimensional random walk,  $Q$  is the one-dimensional random walk).

In this section we will be concerned with finding  $Q$ , for a given  $P$ , such that  $P \times Q$  will be conservative.

**DEFINITION.** A sequence  $\{u_n\}_{n=0}^\infty$  is called a *recurrent renewal sequence* if there exists a recurrent Markov chain such that  $u_n = p_{11}^{(n)}$  (so  $u_0 = 1$ , and  $\sum_{n=0}^\infty u_n = \infty$ ).

For  $n \geq 1$ , we define, in that chain,  $f_n = \Pr\{\text{first return to 1 at time } n\}$  and  $f_n^{(k)} = \Pr\{k\text{-th return to 1 at time } n\}$ . We then have  $f_n^{(k)} = \sum_{j=1}^{n-1} f_j f_{n-j}^{(k-1)}$ , and  $u_n = \sum_{k=1}^n f_n^{(k)}$ . Also, by recurrence,  $\sum_{n=1}^\infty f_n = 1$ . On the other hand, given a sequence  $a_n \geq 0$  for  $n \geq 1$ , such that  $\sum_{n=1}^\infty a_n = 1$ , we may define  $a_n^{(k)} = \sum_{j=1}^{n-1} a_j a_{n-j}^{(k-1)}$  (for  $k \leq n$ ), and  $u_n = \sum_{k=1}^n a_n^{(k)}$ . We then define  $p_{ij} = a_j$ ,  $p_{i,i-1} = 1$  for  $i \geq 2$ ,  $p_{ij} = 0$  for the other entries. Then  $f_n = a_n$ , so that  $p_{11}^{(n)} = u_n$ .

LEMMA 3.1. (Brunel [3]). *If  $b_n \geq 0$  and  $\lim_{n \rightarrow \infty} b_n = 0$ , there exists a recurrent renewal sequence  $\{u_n\}$ ,  $0 < u_{n+1} \leq u_n$ ,  $u_{n+1}/u_n \uparrow 1$ , such that  $\sum_{n=0}^{\infty} u_n b_n < \infty$ .*

THEOREM 3.2. *Let  $P$  be a Markov operator on  $L_{\infty}(m)$ . Then  $P$  has a finite invariant measure equivalent to  $m$  if and only if for every conservative Markov operator  $Q$  the Cartesian product  $P \times Q$  is conservative.*

PROOF. (1) Assume  $P$  has no finite invariant measure  $m$ . There is a set  $A$  such that

$$\left\| N^{-1} \sum_{n=1}^N P^n 1_A \right\| \xrightarrow{N \rightarrow \infty} 0$$

(see [7]), and  $N^{-1} \sum_{n=1}^N m P^n(A) \rightarrow 0$ . Let  $b_n = n^{-1} \sum_{j=1}^n m P^j(A)$ , and let  $w_n = m P^n(A)$ . Let  $\{u_n\}$  be the recurrent renewal sequence given by the lemma, and let  $v_n = u_{2n}$ . Then, for some chain,  $v_n = p_{ii}^{(2n)}$ , and, since the chain with transition probabilities  $q_{ij} = p_{ij}^{(2)}$  is also conservative,  $\{v_n\}$  is a recurrent renewal sequence. Now, since  $u_{n+1} \leq u_n$ ,

$$\begin{aligned} \sum_{n=1}^{\infty} w_n v_n &= \sum_{n=1}^{\infty} w_n u_{2n} \leq \sum_{n=1}^{\infty} w_n 2 \sum_{k=n+1}^{2n} \frac{u_k}{k} \leq 2 \sum_{n=1}^{\infty} w_n \sum_{k=n}^{\infty} \frac{u_k}{k} \\ &= 2 \sum_{k=1}^{\infty} u_k k^{-1} \sum_{n=1}^k w_n = 2 \sum_{k=1}^{\infty} u_k b_k < \infty. \end{aligned}$$

Hence  $\int \sum_{n=1}^{\infty} v_n P^n 1_A dm = \sum_{n=1}^{\infty} v_n w_n < \infty$ , so that  $\sum_{n=1}^{\infty} v_n P^n 1_A(x) < \infty$  a.e.

Let  $q_{ij}$  be a recurrent Markov chain on  $N = \{1, 2, 3, \dots\}$  with  $q_{ii}^{(n)} = v_n$ . Then, in  $X \times N$ , we have

$$\sum_{n=0}^{\infty} (P \times Q)^n 1_{A \times \{1\}}(x, 1) = \sum_{n=0}^{\infty} q_{ii}^{(n)} P^n 1_A(x) < \infty,$$

so that  $\sum_{n=0}^{\infty} (P \times Q)^n 1_{A \times \{1\}} < \infty$  a.e. on  $A \times \{1\}$ . Hence  $P \times Q$  is not conservative:  $A \times \{1\}$  is in its dissipative part.

(2) We adapt Flytzanis' proof [6] of the corresponding result for point transformations.

We may assume that  $m$  is invariant for  $P$ ,  $m(X) = 1$ . Let  $Q$  on  $(Y, \Sigma, \mu)$  be conservative; we assume  $\mu(Y) = 1$ . Denote  $R = P \times Q$ , and for  $f \in L_{\infty}(X \times Y)$  we have

$$(Rf)(x, y) = \int f(u, v) P(x, du) Q(y, dv).$$

Assume that  $0 \leq f \in L_\infty(X \times Y)$  with  $Rf \leq f$  a.e. Define  $h(y) = \int f(x, y)m(dx)$ . Then

$$\begin{aligned} Qh(y) &= \int h(v)Q(y, dv) = \int \int f(x, v)m(dx)Q(y, dv) \\ &= \int \int \int f(u, v)P(x, du)m(dx)Q(y, dv) = \int Rf(x, y)m(dx) \\ &\leq \int f(x, y)m(dx) = h(y). \end{aligned}$$

Since  $Q$  is conservative,  $Qh(y) = h(y)$  a.e., and  $\int [f(x, y) - Rf(x, y)]m(dx) = 0$  for a.e.  $y$ , so that  $\iint (f - Rf)dmd\mu = 0$ . Hence  $Rf \leq f \Rightarrow Rf = f$ , and by [7] this is equivalent to  $R$  being conservative.

REMARK. If  $P$  is given by a point transformation without finite invariant measures,  $Q$  conservative, such that  $P \times Q$  is not conservative, can be chosen to be also given by a point transformation: Take the Markov shift of the chain  $(q_{ij})$  constructed in the first part of the proof. This construction is taken from [1]. By taking a two sided shift, we can have  $Q$  given by an invertible transformation. Note that we always construct  $Q$  with a  $\sigma$ -finite invariant measure.

THEOREM 3.3. *Let  $\sigma$  be an invertible measurable transformation in  $(X, m)$ , with  $m$   $\sigma$ -finite and invariant for  $\sigma$ . If  $\sigma$  is conservative and ergodic, there exists a conservative and ergodic measure-preserving transformation  $\tau$  on a  $\sigma$ -finite measure space  $(Y, \Sigma, \mu)$  such that  $\sigma \times \tau$  is conservative.*

PROOF. Let  $\theta = \sigma^{-1}$ . Fix  $A$  with  $0 < m(A) < \infty$ . For  $x \in X$  and  $0 < t < 1$  define  $u(t, x) = \sum_{n=0}^\infty t^n 1_A(\theta^n x)$ . For a.e.  $x$ ,  $u(t, x) \uparrow \infty$  as  $t \uparrow 1^-$ , since also  $\theta$  is conservative and ergodic. By Egorov's theorem, there is a set  $B_0$  of positive measure such that

$$\alpha(t) = \inf\{u(t, x) : x \in B_0\} \xrightarrow{t \rightarrow 1^-} \infty.$$

Since  $\alpha(t)$  is increasing on  $[0, 1)$  and unbounded, there is a  $0 \leq g \in L_1[0, 1]$  such that  $\int_0^1 \alpha(t)g(t)dt = \infty$ , and  $\int_0^1 g(t)dt = 1$ .

$\{x \in X : \int_0^1 u(t, x)g(t)dt = \infty\}$  is  $\theta$ -invariant (since  $u(t, x) \leq 1 + u(t, \theta x)$ ), and contains  $B_0$ . By ergodicity of  $\theta$ , we have  $\int_0^1 u(t, x)g(t)dt = \infty$  a.e. on  $X$ .

Let  $u_n = \int_0^1 t^n g(t)dt$ . Then  $u_n \downarrow 0$ , and

$$\sum_{n=0}^\infty u_n \geq \sum_{n=0}^\infty u_n 1_A(\theta^n x) = \int_0^1 u(t, x)g(t)dt = \infty.$$

Now by the Schwartz–Cauchy inequality

$$u_{n+1} = \int_0^1 t^{n/2} t^{(n+2)/2} g(t) dt \leq \left( \int_0^1 t^n g(t) dt \right)^{1/2} \left( \int_0^1 t^{n+2} g(t) dt \right)^{1/2} = \sqrt{u_n u_{n+2}}.$$

Hence  $\{u_{n+1}/u_n\}$  is increasing, and  $u_{n+1}/u_n \uparrow 1$ .

CLAIM. For every  $B$  with  $0 < m(B) < \infty$  we have  $\sum_{n=0}^\infty u_n 1_B(\theta^n x) = \infty$  a.e.

PROOF OF CLAIM. Since we have

$$\sum_{n=0}^N u_n 1_B(\theta^n x) = \sum_{n=1}^N (u_{n-1} - u_n) \sum_{k=0}^{n-1} 1_B(\theta^k x) + u_N \sum_{k=0}^N 1_B(\theta^k x) - 1_B(x),$$

and by Hopf’s theorem (Chacon–Ornstein’s theorem for  $\theta$ )

$$\begin{aligned} \sum_{n=0}^N 1_A(\theta^n x) / \sum_{n=0}^N 1_B(\theta^n x) &\rightarrow m(A)/m(B) \quad \text{a.e.,} \\ \sum_{n=0}^\infty u_n 1_B(\theta^n x) < \infty &\Leftrightarrow \sum_{n=0}^\infty u_n 1_A(\theta^n x) < \infty. \end{aligned}$$

By Kaluza’s theorem [15],  $\{u_n\}$  is a recurrent renewal sequence. Let  $(q_{ij})$  be an ergodic and conservative Markov chain such that  $u_n = q_{11}^{(n)}$ , and let  $\tau$  be the (one-sided) Markov shift, which has a  $\sigma$ -finite invariant measure  $\mu$  (on the path space  $Y$ ). Let  $Sf(x) = f(\tau x)$  be the Markov operator induced by  $\tau$ , and  $\hat{S}$  the dual Markov operator.

By Orey’s theorem [20]  $(q_{ij})$  has the strong ratio limit property. Let  $\{y_0 = 1\} \equiv \Omega_0 \subset Y$  be the set of paths starting at 1. By example 3.2 in [19], for every  $F \subset \Omega_0$  we have

$$\lim_{n \rightarrow \infty} \mu(\Omega_0 \cap (\tau^{-n} F)) / \mu((\tau^{-n} \Omega_0) \cap \Omega_0) = \mu(F) / \mu(\Omega_0).$$

Also  $\mu(\tau^{-n} \Omega_0) = u_n$  by the construction of the shift.

Now  $\theta \times \hat{S}$  is a contraction of  $L_1(m \times \mu)$ . For  $B \subset X$  with  $0 < m(B) < \infty$ , we let  $F = \{(x, y) \in B \times \Omega_0 : \sum_{n=0}^\infty \hat{S}^n 1_{\Omega_0}(y) 1_B(\theta^n x) < \infty\}$ , and  $F_x = \{y \in \Omega_0 : (x, y) \in F\}$ . Let  $F_{x,k} = \{y \in \Omega_0 : \sum_{n=0}^\infty 1_B(\theta^n x) \hat{S}^n 1_{\Omega_0}(y) \leq k\}$ . Then

$$\begin{aligned} k\mu(F_x) &\geq \sum_{n=0}^\infty 1_B(\theta^n x) \int_{F_{x,k}} \hat{S}^n 1_{\Omega_0}(y) d\mu(y) \\ &= \sum_{n=0}^\infty 1_B(\theta^n x) \langle \hat{S}^n 1_{\Omega_0}, 1_{F_{x,k}} \rangle \\ &= \sum_{n=0}^\infty 1_B(\theta^n x) \mu(\Omega_0 \cap \tau^{-n} F_{x,k}). \end{aligned}$$

Since  $\mu(\Omega_0 \cap \tau^{-n}F_{k,x})/\mu(\Omega_0 \cap \tau^{-n}\Omega_0) \rightarrow \mu(F_{k,x})/\mu(\Omega_0)$ , we obtain, if  $\mu(F_{k,x}) > 0$ , that, for a.e.  $x \in B$ ,  $\sum u_n 1_B(\theta^n x) < \infty$ , a contradiction. Hence  $\mu(F_x) = 0$  for a.e.  $x \in B$ , so that  $(m \times \mu)(F) = 0$ . Hence  $B \times \Omega_0$  is in the conservative part of the Markov operator  $(\theta \times S)^* = \sigma \times \tau$ . Hence  $X \times \Omega_0$  is in the conservative part of  $\sigma \times \tau$ , and so is, similarly,  $X \times \tau^{-n}\Omega_0$ . Hence  $\sigma \times \tau$  is conservative.

**THEOREM 3.4.** *Let  $P$  be a conservative and ergodic Markov operator on  $L_\infty(m)$ , with  $m$   $\sigma$ -finite invariant. Then there exists a conservative and ergodic Markov operator  $Q$  on  $l_\infty$  such that  $P \times Q$  is conservative.*

**PROOF.** Let  $\sigma$  be the two-sided Markov shift of  $P$ , and let  $Q$  be the Markov chain constructed in Theorem 3.3, with shift  $\tau$  such that  $\sigma \times \tau$  is conservative. Let  $\theta$  be the one-sided shift of  $P$ . Then  $\sigma \times \tau$  is mapped onto  $\theta \times \tau$  (with the respective measures), and by Lemma 2.10,  $\theta \times \tau$  is conservative.  $P \times Q$  is now conservative, since its shift is (isomorphic to)  $\theta \times \tau$ .

**4. Ergodicity of Cartesian products and weak mixing**

Let  $P$  be a Markov operator on  $L_\infty(m)$ , with  $m$  an invariant probability for  $P$ . It is well-known [9] that in this case, the following conditions are equivalent ( $T$  is the contraction on  $L_1(m)$  with  $T^* = P$ ):

- (i) For every  $u \in L_1(m)$  with  $\int u dm = 0$  there exists a sequence  $\{n_k\}$  such that  $T^{n_k}u \rightarrow 0$  weakly in  $L_1(m)$ .
- (ii)  $P \times P$  is ergodic.
- (iii) For every ergodic Markov operator  $Q$  with a finite invariant measure,  $P \times Q$  is ergodic.
- (iv)  $P$  is weakly mixing.
- (v)  $P$  is ergodic, and has no unimodular eigenvalues  $\neq 1$ .

The existence of a finite invariant measure for  $P$  implies that  $P$  is conservative [7]. Each of the five conditions above implies that  $P$  is ergodic.

We would like to investigate the relationships among the above conditions, assuming only that  $P$  is ergodic. The trivial implications are (ii)  $\Rightarrow$  (iv)  $\Rightarrow$  (v). The implication (i)  $\Rightarrow$  (iv) follows from a general Banach space result of Jones and Lin [13]. (iii)  $\Rightarrow$  (v) is also easy.

We start by showing that (ii) does not imply (i), and (iv) does not imply (ii), even if  $P$  has a  $\sigma$ -finite invariant measure conservative. We then show that (iii), (iv) and (v) are equivalent. In short,

$$(i) \not\Leftarrow (ii) \Rightarrow (iii) \Leftrightarrow (iv) \Leftrightarrow (v) \Leftarrow (i).$$

EXAMPLE 4.1. A conservative and ergodic contraction  $T$  on  $L_1(m)$  with  $\sigma$ -finite invariant measure, such that  $T \times T$  is conservative and ergodic (hence  $T$  is weak mixing), but there exists a function  $v \in L_1(m)$ , with  $\int v dm = 0$ , so that  $\{T^n v\}$  has no subsequence converging weakly to zero.

CONSTRUCTION. Let  $\theta$  be the one-sided shift of an aperiodic recurrent random walk on the integers, such that also  $\theta \times \theta$  is conservative and ergodic (e.g.,  $P_{i,j} = \frac{1}{4}$  if  $j = i \pm 1$ ,  $P_{i,i} = \frac{1}{2}$ ).

Let  $Tf(x) = f(\theta x)$ . Then  $T$  is a contraction of  $L_1(m)$  and  $L_\infty(m)$ , since the random walk has an invariant measure, and  $m$  is  $\sigma$ -finite non-finite. Also  $\theta$  is exact, i.e.,  $\Sigma_\infty \equiv \bigcap_{n=1}^\infty \theta^{-n} \Sigma = \{\theta, \Omega\} \pmod{m}$ , since the Markov operator of the transition probabilities is mixing.

Let  $T^* = S$ .  $S$  is also a contraction of  $L_1$  and  $L_\infty$ . If  $f \in L_2$  is such that there are  $f_n \in L_2$ ,  $\|f_n\|_2 \leq 1$ , and  $T^n f_n = f$ , then  $f$  is  $\Sigma_\infty$ -measurable, hence  $f = 0$ . Thus [17],  $S^n \rightarrow 0$  strongly in  $L_2$ , hence for every  $A, B$  with  $m(B) + m(A) < \infty$ ,  $\langle T^n 1_A, 1_B \rangle = \langle S^n 1_B, 1_A \rangle \rightarrow 0$ .

Next, note that  $S \times S = (T \times T)^*$ , so  $T \times T$  and  $S \times S$  are both conservative and ergodic [7].

Recall that a transformation  $\theta$  preserving a  $\sigma$ -finite infinite measure  $m$  is called of zero type if  $\int f(\theta^n x)g(x)dm \rightarrow 0$  for  $f, g \in L_2(m)$ . Thus, we have constructed a zero type transformation, and the next lemma finishes the example.

LEMMA 4.2. If  $\theta$  is of zero type, there exists a  $v \in L_1(m)$  with  $\int v dm = 0$ , such that no subsequence of  $\{v \circ \theta^n\}$  converges weakly in  $L_1$  to zero.

PROOF. Take  $A$  and  $B$  with  $A \cap B = \emptyset$ ,  $m(A) = m(B) = 1$ , and define  $v = 1_A - 1_B$ . Denote  $Tf(x) = f(\theta x)$ .

Let  $N_r$  be such that for  $n > N_r$ ,

$$m(\theta^{-n} B \cap A) = \langle T^n 1_B, 1_A \rangle < \frac{1}{2^{r+1}},$$

$$m(\theta^{-n} A \cap B) = \langle T^n 1_A, 1_B \rangle < \frac{1}{2^{r+1}}.$$

Let  $\{n_k\}$  be an increasing subsequence. We take a further subsequence of it, so we may assume that  $n_{k+1} - n_k > N_k$ .

Let  $E = \bigcup_{j=1}^\infty \theta^{-n_j} A$ . Then

$$\begin{aligned}
 \langle T^n v, 1_E \rangle &= \langle T^n 1_A, 1_E \rangle - \langle T^n 1_B, 1_E \rangle \\
 &= m(\theta^{-n}A \cap E) - m(\theta^{-n}B \cap E) \\
 &= m(\theta^{-n}A) - m(\theta^{-n}B \cap E) \\
 &= 1 - m(\theta^{-n}B \cap E).
 \end{aligned}$$

We conclude by showing  $m(\theta^{-n}B \cap E) \leq \frac{1}{2}$ .

$$\begin{aligned}
 m(\theta^{-n}B \cap E) &= m\left(\theta^{-n}B \cap \left(\bigcup_{k=1}^{\infty} \theta^{-n_k}A\right)\right) \\
 &\leq \sum_{k=1}^{\infty} m(\theta^{-n}B \cap \theta^{-n_k}A) \\
 &= \sum_{k=1}^{j-1} m(\theta^{-n}B \cap \theta^{-n_k}A) + m(A \cap B) \\
 &\quad + \sum_{k=j+1}^{\infty} m(\theta^{-n}B \cap \theta^{-n_k}A) \\
 &= \sum_{k=1}^{j-1} \langle T^{n-n_k} 1_B, 1_A \rangle + \sum_{k=j+1}^{\infty} \langle 1_B, T^{n_k-n} 1_A \rangle \\
 &\leq \sum_{k=1}^{j-1} \frac{1}{2^{k+1}} + \sum_{k=j+1}^{\infty} \frac{1}{2^k} \\
 &= \frac{1}{2},
 \end{aligned}$$

since for  $j > k$ ,  $n_j - n_k \geq n_{k+1} - n_k$ , and for  $k > j$ ,  $n_k - n_j \geq n_k - n_{k-1}$ .

PROPOSITION 4.3. *Let  $\theta$  be a non-singular transformation in  $(X, \Sigma, m)$ . If  $\theta \times \theta \times \theta$  is ergodic, then  $\sigma = \theta \times \theta$  is weakly mixing.*

PROOF. We may and do assume  $m(X) = 1$ . Let  $u(x, y) \in L_1(m \times m)$ , with  $\int \int u(x, y) dm(y) dm(x) = 0$ .

Step 1. Assume  $u \in L_{\infty}(m \times m)$ , and  $\int u(x, y) m(dx) = 0$  for a.e.  $y$ . Then for any  $f \in L_{\infty}(m \times m)$ , we have, using Schwartz–Cauchy inequality in  $L_2(m(dy))$

$$\begin{aligned}
 &\left| \int \int u(x, y) f(\theta^n x, \theta^n y) m(dx) m(dy) \right|^2 \\
 &\leq \left\{ \left| \int \int u(x, y) f(\theta^n x, \theta^n y) m(dx) \right| m(dy) \right\}^2
 \end{aligned}$$

REMARK. The construction can be adapted to obtain any ergodic index  $k$ , and is simpler than the one given in Kakutani and Parry [14].

THEOREM 4.4. *Let  $P$  be ergodic Markov operator on  $L_\infty(m)$ . Then (iii)  $\Rightarrow$  (iv).*

PROOF. Let  $B$  be the unit ball of  $L_\infty(m)$ , with the  $w^*$  topology, and denote by  $\sigma$  the continuous map of  $B$  into itself defined by restricting  $P$  to  $B$ . We may and do assume  $m(X) = 1$ , and let  $T$  be the contraction on  $L_1(m)$  with  $T^* = P$ .

Fix  $u \in L_1(m)$  with  $\int u dm = 0$ . We have to show that  $N^{-1} \sum_{n=1}^N |\langle u, P^n h \rangle| \rightarrow 0$  for every  $h \in L_\infty$ , or, equivalently, for every  $h \in B$ .

Let  $\mu$  be an ergodic invariant measure for  $\sigma$ . We shall show that  $\int |\langle u, h \rangle| d\mu(h) = 0$ . Let  $R$  be defined on  $L_1(B, \mu)$  by  $Rg(f) = g(\sigma f) = g(Pf)$ . Then  $R$  is a contraction of  $L_1(B, \mu)$ . Then  $S = T \times R$  is an ergodic contraction of  $L_1(X \times B, m \times \mu)$ , by (iii). Define  $w \in L_1(X \times B)$  by  $w(x, h) = u(x)\langle u, h \rangle$ . Then  $\iint \omega(x, h) dm(x) d\mu(h) = 0$ , and ergodicity of  $S$  yields

$$0 = \lim_{N \rightarrow \infty} \left\| N^{-1} \sum_{n=1}^N S^n w \right\|_1 = \lim_{N \rightarrow \infty} \int_B \int_X \left| N^{-1} \sum_{n=1}^N T^n u(x) R^n u(h) \right| dm(x) d\mu(h).$$

Let

$$\begin{aligned} F_N(h) &= \int_X \left| N^{-1} \sum_{n=1}^N T^n u(x) R^n u(h) \right| m(dx) \\ &= \int_X \left| N^{-1} \sum_{n=1}^N T^n u(x) \langle u, P^n h \rangle \right| dm. \end{aligned}$$

Then  $F_N(h) \geq 0$ , and we have obtained that  $\|F_N\|_1 \rightarrow 0$  in  $L_1(\mu)$ . Hence  $F_N(h) \rightarrow 0$  in  $\mu$ -measure, and there is a subsequence  $\{N_j\}$  such that  $F_{N_j}(h) \rightarrow 0$  a.e.  $\mu$ . Fix  $h \in B$  for which  $F_{N_j}(h) \rightarrow 0$ , and define  $v_N(x) = N^{-1} \sum_{n=1}^N \langle u, P^n h \rangle T^n u(x)$ . Then  $\|v_{N_j}\|_1 \rightarrow 0$  in  $L_1(m)$ , and

$$N_j^{-1} \sum_{n=1}^{N_j} |\langle u, P^n h \rangle|^2 = N_j^{-1} \sum_{n=1}^{N_j} \langle u, P^n h \rangle \langle T^n u, h \rangle = \int v_{N_j}(x) h(x) dm \xrightarrow{j \rightarrow \infty} 0.$$

Thus,  $N_j^{-1} \sum_{n=1}^{N_j} |\langle u, P^n h \rangle|^2 \rightarrow_{j \rightarrow \infty} 0$  for  $\mu$  a.e.  $h \in B$ . By invariance of  $\mu$ , we have

$$\int |\langle u, h \rangle|^2 d\mu(h) = \int N_j^{-1} \sum_{n=1}^{N_j} |\langle u, P^n h \rangle|^2 d\mu \rightarrow 0.$$

Hence  $|\langle u, h \rangle| = 0$  a.e. Since  $u$  is continuous on  $B$ ,  $\{h \in B : \langle u, h \rangle\} = 0$  contains the support of  $\mu$ .



$$\begin{aligned} &\cong \int \left| \int u(x, y) f(\theta^n x, \theta^n y) m(dx) \right|^2 m(dy) \\ &= \int \left\{ \int u(x, y) f(\theta^n x, \theta^n y) m(dx) \right\} \left\{ \int u(z, y) f(\theta^n z, \theta^n y) m(dz) \right\} m(dy) \\ &= \int \int \int u(x, y) u(z, y) f(\theta^n x, \theta^n y) f(\theta^n z, \theta^n y) m(dx) m(dz) m(dy). \end{aligned}$$

Now let  $v(x, y, z) = u(x, y)u(z, y)$ ,  $g(x, y, z) = f(x, y)f(z, y)$ . Since

$$\int \int \int v(x, y, z) d(m \times m \times m) = \int \left| \int u(x, y) m(dx) \right|^2 m(dy) = 0,$$

we have, by ergodicity of  $\theta_3 = \theta \times \theta \times \theta$ , that  $N^{-1} \sum_{n=1}^N \langle v, g(\theta_3^n(x, y, z)) \rangle \rightarrow 0$ . The above computation yields  $N^{-1} \sum_{n=1}^N |\langle u, f(\sigma^n(x, y)) \rangle|^2 \rightarrow 0$ , hence also

$$N^{-1} \sum_{n=1}^N |\langle u, f(\sigma^n(x, y)) \rangle| \rightarrow 0, \quad \text{for } f \in L_\infty(m \times m).$$

*Step 2.* Assume only  $u(x, y) \in L_\infty(m \times m)$ . Define  $u_1(x, y) = u_1(y) = \int u(x, y) m(dx)$ . Then  $\int u_1(y) m(dy) = 0$ . Let  $u_2(x, y) = u(x, y) - u_1(y)$ . Then  $\int u_2(x, y) m(dx) = 0$  for almost every  $y$ . Clearly  $u_1, u_2 \in L_\infty(m \times m)$ .

Now  $u = u_1 + u_2$ , and for  $f \in L_\infty(m \times m)$  we have

$$N^{-1} \sum_{n=1}^N |\langle u, f \circ \sigma^n \rangle| \leq N^{-1} \sum_{n=1}^N |\langle u_1, f \circ \sigma^n \rangle| + N^{-1} \sum_{n=1}^N |\langle u_2, f \circ \sigma^n \rangle|.$$

Last term tends to 0 by step 1 applied to  $u_2$ . First one tends to 0 by changing roles of  $x$  and  $y$  in step 1, and applying it to  $u_1$ .

*Step 3.* If  $u \in L_1(m \times m)$  with  $\int \int u d(m \times m) = 0$ , we can approximate  $u$  (in  $L_1$ ) by  $u_1 \in L_\infty(m \times m)$  with  $\int \int u_1 d(m \times m) = 0$ . Hence the proposition is proved.

To obtain an example such that (iv) does not imply (ii), we show how to construct  $\theta$  such that  $\theta \times \theta \times \theta$  is ergodic,  $\theta \times \theta \times \theta \times \theta$  is not ergodic. The transformation  $\sigma = \theta \times \theta$  will be the required example.

Let  $u_n = (n + 1)^{-1/3}$ . Then  $u_n \downarrow 0$  and  $u_{n+1}/u_n \uparrow 1$ . By Kaluza's theorem [15],  $\{u_n\}_{n=0}^\infty$  is a recurrent renewal sequence, and the corresponding recurrent Markov chain  $P = (p_{ij})$  is aperiodic (see §3), since  $P_{11}^{(n)} = u_n > 0$  for every  $n$ . Let  $\theta$  be the two-sided shift of  $P$ . Then  $\theta$  is conservative and ergodic. Now  $Q = P \times P \times P$  is recurrent, since  $\sum q_{11}^{(n)} = \sum (p_{11}^{(n)})^3 = \sum (n + 1)^{-1} = \infty$ , but  $P \times P \times P \times P$  is not recurrent (hence the invariant measure is infinite). Now  $\theta \times \theta \times \theta$  is (isomorphic to) the two-sided shift of  $P \times P \times P$  and is ergodic,  $\theta \times \theta \times \theta \times \theta$  is the two-sided shift of a non-recurrent chain, so is not conservative, hence cannot be ergodic.

Thus,  $\int |u| d\mu = 0$  for every ergodic invariant probability  $\mu$ . But the extreme points of the set of invariant probabilities for  $\sigma$  are the ergodic invariant probabilities, and  $|u| \in C(B)$ , so  $\{\nu \in C(B)^*: \nu \geq 0, \nu(1) = 1, \int |u| d\nu = 0\}$  contains all  $\sigma$ -invariant probabilities, by the Krein-Milman theorem.  $R$  is also a positive contraction of  $C(B)$ , hence  $\|N^{-1} \sum_{n=1}^N R^n |u|\|_\infty \rightarrow 0$ , or

$$\sup_{h \in B} N^{-1} \sum_{n=1}^N |\langle u, P^n h \rangle| \xrightarrow{N \rightarrow \infty} 0,$$

which is weak mixing.

Flytzanis' main result [6] is wrong, as is shown by the result of [8], so it cannot be used to show that (v)  $\Rightarrow$  (iii) (for conservative Markov operators). We now turn to proving (v)  $\Rightarrow$  (iii).

A seemingly weaker condition than (iii) is: (iii)' For every ergodic Markov operator  $Q$  on a separable space with finite invariant measure,  $P \times Q$  is ergodic.

LEMMA 4.5. Condition (iii)' is equivalent to condition (iii).

PROOF. Let  $P$  on  $L_\infty(X, \Sigma, m)$  satisfy (iii)'. Assume  $m(X) = 1$ . Let  $Q$  be an ergodic Markov operator on  $L_\infty(Y, \mu)$ , with  $\mu$  an invariant probability for  $Q$ .

Let  $v \in L_1(Y, \mathcal{B}, \mu)$ . Let  $\mathcal{B}_0$  be the smallest sub- $\sigma$ -algebra with respect to which  $v$  is measurable.  $\mathcal{B}_0$  is countably generated, and we can find a countably generated  $\sigma$ -algebra  $\mathcal{B}_0 \subset \mathcal{B}_1 \subset \mathcal{B}$  such that  $L_\infty(Y, \mathcal{B}_1, \mu)$  is invariant under  $Q$  (see Doob's book [4, p. 209]). Let  $Q_1$  be the Markov operator on  $(Y, \mathcal{B}_1)$ , and  $\mu_1 = \mu |_{\mathcal{B}_1}$ . Clearly  $Q_1$  is ergodic, with  $\mu_1$  invariant. Now  $P \times Q_1$  is ergodic by (iii)'. Let  $T$  be the operator on  $L_1(x)$  with  $T^* = P$ ,  $R$  the operator on  $L_1(Y, \mu)$  with  $R^* = Q$ . Let  $R_1$  be on  $L_1(Y, \mathcal{B}_1, \mu_1)$  with  $R_1^* = Q_1$ . Then  $R_1 v = Rv$ . If  $u \in L_1(X)$  with  $\iint u(x)v(y) dm d\mu = 0$ , then by ergodicity of  $P \times Q_1$  we have

$$\left\| N^{-1} \sum_{n=1}^N T^n u R^n v \right\|_1 = \left\| N^{-1} \sum_{n=1}^N T^n u R_1^n v \right\|_1 \rightarrow 0.$$

Now let  $f \in L_1(m \times \mu)$  with  $\iint f(x, y) dm d\mu = 0$ .

For  $\varepsilon > 0$ , let  $u_i \in L_1(X)$ ,  $v_i \in L_1(Y)$  such that  $\|\sum_{i=1}^j u_i v_i - f\|_1 < \varepsilon$ . Then

$$\begin{aligned} f(x, y) &= f - \sum u_i v_i + \sum \left( u_i(x) - \int u_i dm \right) v_i(y) \\ &\quad + \sum \left( \int u_i dm \right) \left( v_i(y) - \int v_i d\mu \right) + \sum \left( \int u_i dm \right) \left( \int v_i d\mu \right). \end{aligned}$$

The last sum is a constant function with integral close to  $\iint f(x, y) dmd\mu$ . Hence

$$\limsup_{N \rightarrow \infty} \left\| N^{-1} \sum_{n=1}^N (T \otimes R)^n f \right\|_1 \leq 2\varepsilon.$$

This shows that  $P \times Q$  is ergodic.

**PROPOSITION 4.6.** *Let  $\theta$  be a non-singular measurable transformation on a finite measure space  $(X, \Sigma, m)$ . Let  $U$  be a unitary operator in a separable Hilbert space  $H$ , and let  $F(x)$  be a measurable function from  $X$  into  $H$ , satisfying  $F(\theta x) = UF(x)$  a.e. If  $\theta$  has no unimodular eigenvalues  $\neq 1$ , then  $UF(x) = F(x) = F(\theta x)$  a.e.*

**PROOF.** Note first that if  $A \subset X$  is invariant for  $\theta$  ( $\theta A \subset A$  and  $\theta(X - A) \subset X - A$ ) the restriction of  $\theta$  to  $A$  satisfies all the hypotheses. Secondly, if  $0 \neq |f|$  is finite and  $f(\theta x) = \lambda f(x)$ , there is also a solution in  $L_\infty$ , since  $A = \{x : |f(x)| \leq k\}$  is invariant. Thus we assume no finite measurable solutions to  $f(\theta x) = \lambda f(x)$  for  $\lambda \neq 1, |\lambda| = 1$ .

By separability of  $H$ ,  $\|F(x)\|$  is measurable finite valued, and  $UF(x) = F(\theta x)$  shows that it is invariant for  $\theta$ . Thus we may restrict ourselves to invariant sets on which  $\|F(x)\| \leq k$ . Thus we assume  $\|F(x)\| \leq k$ .

Let  $H_0 = \{h \in H : \|N^{-1} \sum_{n=1}^N U^n h\| \rightarrow 0\}$ . To prove the result, we show that  $F(x) \perp H_0$  a.e.

Fix  $h \in H_0$ , and let  $H_1 = \text{clm}\{U^n h : -\infty < n < \infty\}$ . Let  $P$  be the orthogonal projection onto  $H_1$ , and define  $F_1(x) = PF(x)$ . Then  $F_1(x)$  is measurable from  $X$  into  $H_1$ , and  $UP = PU$  implies  $F_1(\theta x) = UF_1(x)$  a.e.

By [5, part II, X.5.2],  $H_1$  is isometrically isomorphic to  $L_2(\Gamma, \eta)$ , where  $\Gamma = \{\lambda : |\lambda| = 1\}$ , and  $\eta$  is a positive finite Borel measure.  $U$  then corresponds to multiplication by the function  $\lambda$ . Hence we may and do assume that  $F_1$  maps  $X$  into  $L_2(\Gamma, \eta)$ . By [5, part I, III.11.17], since  $F_1(x)$  is  $m$ -integrable ( $\|F_1(x)\|$  is bounded), there is a bi-measurable function  $f(x, \lambda)$  such that  $F_1(x) = f(x, \cdot)$  for a.e.  $x$ . Hence for  $x$  in a set of full measure,  $f(\theta x, \lambda) = \lambda f(x, \lambda)$  for a.e.  $\lambda$ . Thus we have  $\lambda f(x, \lambda) = f(\theta x, \lambda)$  for  $m \times \eta$  a.e.  $(x, \lambda)$ . This shows that for  $\lambda$  in a set of full  $\eta$  measure,  $f(\theta x, \lambda) = \lambda f(x, \lambda)$  for a.e.  $x$ . Let  $f_\lambda(x) = f(x, \lambda)$ . Then  $f_\lambda(\theta x) = \lambda f(x)$ , and  $f_\lambda$  is finite a.e. Hence  $f_\lambda = 0$   $m$ -a.e. for  $\lambda \neq 1$ . Since  $\eta\{1\} = 0$  ( $h \in H_0$ ), we have a.e.  $f(x, \lambda) = 0$ . Hence  $F_1(x) = 0$  a.e., or  $F(x) \perp H_1$  a.e. Taking  $h_n$  dense in  $H_0$ , we obtain  $F(x) \perp H_0$ , showing  $UF(x) = F(x)$  a.e.

**REMARK.** Considering the same ‘‘eigenoperator equation,’’ A. Beck [2] showed that if  $\theta$  is conservative, for a.e.  $x$  there is an  $\{n_i\}$  such that  $\|U^{n_i} F(x) -$

$\|F(x)\| \rightarrow 0$ . If  $\theta$  is not conservative, Beck's result fails:  $X$  is the set of integers,  $\theta(j) = j + 1$ ,  $H = l_2$ ,  $U$  the shift and  $F(j) = e_j$ .

**THEOREM 4.7 (Weak mixing theorem).** *Let  $P$  be an ergodic Markov operator. Then conditions (iii), (iv) and (v) are equivalent.*

**PROOF.** We have to prove only (v)  $\Rightarrow$  (iii). Let  $Q$  be an ergodic Markov operator with finite invariant measure, let  $\theta$  be the one-sided shift of  $P$ , and let  $\sigma_0$  be the one-sided shift of  $Q$ ,  $\sigma$  its two-sided shift.  $P \times Q$  is ergodic if and only if  $\theta \times \sigma_0$  is ergodic, and it is enough to prove that  $\theta \times \sigma$  is ergodic ( $\sigma$  is also conservative and ergodic). By Theorem 2.6 also  $\theta$  satisfies (v), and is ergodic by Theorem 2.5.

Thus, the problem is reduced to point-transformations, and  $\sigma$  invertible on  $Y$ , preserving a probability measure  $\mu$ . Lemma 4.5 shows that we have to prove ergodicity only for separable  $L_2(Y, \mu)$ .

Let  $f(\theta x, \sigma y) = f(x, y)$  a.e., with  $|f(x, y)| \leq 1$ . Define  $F$  from  $X$  into  $L_2(Y, \mu)$  by  $F(x)(y) = f(x, y)$ . Let  $U$  be the unitary operator in  $L_2$  induced by (the invertible)  $\sigma^{-1}$ . Then  $F(\theta x) = UF(x)$  for a.e.  $x$ , so by Proposition 4.6  $F(x) = UF(x)$  for a.e.  $x$ . Hence, for a.e.  $x$ ,  $f(x, \cdot)$  is invariant for  $\sigma$ , so by ergodicity of  $\sigma$ , it is constant a.e. Thus  $f(x, y)$  does not depend on  $y$ , or  $f(x, y) = f(x)$ . Now  $F(\theta x) = f(x)$ , so  $f$  is constant by ergodicity of  $\theta$ .

**REMARK.** Proposition 4.6 was also proved independently by Michael Keane.

**COROLLARY 4.8.** *If  $P$  is weakly mixing, and  $Q$  is weakly mixing with finite invariant measure, then  $P \times Q$  is weakly mixing.*

**PROOF.** Use condition (iii).

**COROLLARY 4.9.** *Let  $P$  be a conservative and ergodic Markov operator with  $\sigma$ -finite invariant measure.*

- (a)  *$P$  is weakly mixing if and only if its dual Markov operator is weakly mixing.*
- (b)  *$P$  is weakly mixing if and only if its two-sided shift is weakly mixing.*

**PROOF.** (a) Let  $P$  be weakly mixing, and let  $\hat{P}$  be the dual Markov operator. If  $Q$  is ergodic with an invariant probability,  $P \times \hat{Q}$  is conservative and ergodic, and so is  $\hat{P} \times Q = (P \times \hat{Q})^\wedge$ .

(b) is also proved using condition (iii) (and [10]).

REMARK. Even in the absence of a finite invariant measure, weak mixing is weaker than mild mixing. For example, let  $\tau$  be mildly mixing,  $\rho$  invertible weak mixing with invariant probability which is not mild mixing. Then  $\theta = \tau \times \rho$  is weak mixing, not mild mixing, and has no finite invariant measure if  $\tau$  has none.

**5. Ergodicity of Cartesian products and mixing**

THEOREM 5.1. *P is completely mixing if and only if  $P \times Q$  is ergodic for every ergodic Q.*

PROOF. (i) Let  $P$  be completely mixing in the (probability) space  $(X, \Sigma, m)$ .

Take  $Q$  ergodic in  $(Y, \mathcal{F}, \mu)$ , and let  $T$  be the linear contraction in  $L_1(m)$  with  $T^* = P$ . (Remember that we assume that  $P$  and  $Q$  are given by transition probabilities.)

Let  $f(x, y) \in L_\infty(X \times Y)$  be invariant for  $P \times Q$ . Take  $u \in L_1(m)$  with  $\int u dm = 0$ . Then, for a.e.  $y$ ,

$$\begin{aligned} \left| \int_X u(x)f(x, y)dm(x) \right| &= \left| \int_X u(x)[(P \times Q)^n f](x, y)dm(x) \right| \\ &= \left| \int T^n u(x)f_{n,y}(x)dm(x) \right| \\ &\leq \|T^n u\|_1 \|f_{n,y}\|_\infty \\ &\rightarrow 0, \end{aligned}$$

since for  $f_{n,y}(x) = \int f(x, t)Q^{(n)}(y, dt)$  we have  $\|f_{n,y}\|_\infty \leq \|f\|_\infty$ .

Hence  $\int u(x)f(x, y)dm(x) = 0$  for  $u \in L_1(m)$  with  $\int u dm = 0$ , so that for any  $u \in L_1(m)$  we have  $\int u(x)f(x, y)dm(x) = (\int u dm)\int f(x, y)dm(x)$ . Let  $h(y) = \int_X f(x, y)dm(x)$ , and take  $v(x, y) \in L_1(X \times Y)$ . Then, using Fubini's theorem,

$$\begin{aligned} &\int_{X \times Y} v(x, y)f(x, y)d(m \times \mu) \\ &= \int_Y \left[ \int_X v(x, y)f(x, y)dm(x) \right] d\mu(y) \\ &= \int_Y \left[ \int_X v(x, y)dm(x) \right] \left[ \int_X f(x, y)dm(x) \right] d\mu(y) \\ &= \int_Y h(y) \int_X v(x, y)dm(x) d\mu(y) \\ &= \int_{X \times Y} v(x, y)h(y)d(m \times \mu). \end{aligned}$$

This shows that  $f(x, y) = h(y)$ , and  $Qh = (P \times Q)f = f = h$ . Hence  $f(x, y)$  is constant, by ergodicity of  $Q$ , and  $P \times Q$  is ergodic.

(ii) Let  $P$  satisfy the condition. To show that  $P$  is mixing, we have to show that if there is a sequence  $\{f_n\}$  in  $L_\infty$  with  $\|f_n\| \leq 1$  such that  $Pf_{n+1} = f_n$ , then  $f_n \equiv \text{constant}$  for each  $n$  [17].

Let  $\{f_n\}$  be such a sequence. We take for  $Q$  the shift on the integers  $Z$ ; by our assumption  $P \times Q$  is ergodic on  $X \times Z$ . Define  $F$  on  $X \times Z$  by  $F(x, n) = f_n(x)$ . Then  $\|F\|_\infty \leq 1$ .

$$\begin{aligned} (P \times Q)F(x, n) &= \int_Y \int_X F(t, k)P(x, dt)Q(n, dk) = \int_X F(t, n + 1)P(x, dt) \\ &= \int_X f_{n+1}(t)P(x, dt) = Pf_{n+1}(x) = f_n(x) = F(x, n). \end{aligned}$$

Hence  $F(x, n)$  is constant a.e., and for each  $n$  fixed,  $f_n(x)$  is constant a.e. Hence  $P$  is completely mixing.

REMARK. A non-singular transformation  $\theta$  is completely mixing if and only if it is exact (i.e.,  $\bigcap_{n=0}^\infty \theta^{-n}\Sigma = \{\emptyset, X\}$ ). See [17].

COROLLARY 5.2. *If  $P$  and  $Q$  are completely mixing Markov operators, then  $P \times Q$  is completely mixing.*

COROLLARY 5.3. *If  $P$  is conservative and mixing, then  $P \times Q$  is ergodic for every conservative and ergodic  $Q$ .*

PROOF. If  $P$  has no finite invariant measure, it is completely mixing [16], and Theorem 5.1 applies. If  $P$  has a finite invariant measure, it is equivalent to  $m$ . Since mixing implies mild mixing,  $P \times Q$  is ergodic for every ergodic and conservative  $Q$ , by [8].

EXAMPLE 5.4. Products of conservative mixing Markov operators which are not mixing.

Take  $P$  mixing with invariant probability, but not completely mixing (e.g.,  $P$  obtained by an invertible mixing transformation). Take  $Q$  completely mixing without a finite invariant measure. Then  $P \times Q$  has no finite invariant measure, since  $Q$  has none. If  $P \times Q$  were mixing, it would have been completely mixing,

by [16], implying complete mixing of  $P$  which is false. (Note that  $P \times Q$  is conservative and weak mixing, in this example, and satisfies also the conclusion of Corollary 5.3.)

REMARK. It is shown in [18] that for  $P$  conservative and mixing,  $P \times P$  is mixing. This can also be proved using Theorem 5.1.

### 6. Mild mixing and Cartesian products

THEOREM 6.1. *Let  $\theta$  be a mildly mixing transformation in  $(X, \Sigma, m)$ . Then for every invertible ergodic and conservative  $\sigma$  (in  $(Y, \mathcal{B}, \mu)$ )  $\theta \times \sigma$  is ergodic.*

PROOF. We assume that  $L_1(X, \Sigma, m)$  is separable (see Lemma 4.5 for the reduction to this case). Let  $B$  be the unit ball in  $L_\infty(X, \Sigma, m)$ , which is compact metric in the weak-\* topology. We may and do assume  $\mu(Y) = 1$ . Let  $f(x, y)$  be invariant for  $\theta \times \sigma$ , and w.l.g.  $\|f\|_\infty \leq 1$ . Define a map  $F(y)$  from  $Y$  into  $B$  by  $F(y)(x) = f(x, y)$ . It is easy to check that  $F$  is measurable. Let  $\{U_j\}$  be a covering of  $B$  by balls (in its  $w^*$  metric) of diameter  $< 1/r$ . Then  $Y = \bigcup_j F^{-1}(U_j)$ . For a.e.  $y \in F^{-1}(U_j)$  there is an  $n_r(y)$  such that  $\sigma^{-n_r(y)}y \in F^{-1}(U_j)$ , since  $\sigma^{-1}$  is conservative. Hence, for a.e.  $y \in Y$ ,  $F(\sigma^{-n_r(y)}y) \rightarrow F(y)$  weak-\* (in  $B$ ). Hence for every  $u(x) \in L_1(X)$ ,

$$\begin{aligned} \int f(x, y)u(x)dm &= \int F(y)(x)u(x)dm = \lim_{r \rightarrow \infty} \int F(\sigma^{-n_r(y)}y)(x)u(x)dm \\ &= \lim_{r \rightarrow \infty} \int f(x, \sigma^{-n_r(y)}y)u(x)dm = \lim_{r \rightarrow \infty} \int f(\theta^{n_r(y)}x, y)u(x)dm, \end{aligned}$$

for those  $y \in Y$  such that  $F(\sigma^{-n_r(y)}y) \rightarrow F(y)$  weak-\* and  $f(\theta^n x, y) = f(x, \sigma^{-n}y)$  for all  $n$  and a.e.  $x$ . Thus, for a.e.  $y$  fixed,  $f(\theta^{n_r(y)}x, y) \rightarrow f(x, y)$  weak-\*. Since  $\theta$  is mildly mixing,  $f(x, y)$  does not depend on  $x$ , or  $f(x, y) = f_1(y)$ . Now  $f_1(\sigma y) = f_1(y)$ , and ergodicity of  $\sigma$  implies that  $f$  is constant. Hence  $\theta \times \sigma$  is ergodic.

COROLLARY 6.2. *An invertible transformation  $\theta$  which has no finite invariant measure is not mildly mixing.*

PROOF. Let  $\theta$  be an ergodic invertible transformation. We assume that  $\theta$  is not the shift on the integers (which has unimodular eigenvalues and is not mildly mixing) and therefore  $\theta$  is conservative. By the remark following Theorem 3.2,

since  $\theta$  has no finite invariant measure, there is an invertible conservative and ergodic  $\sigma$  (ergodicity of  $\sigma$  follows in the construction from Lemma 3.1) such that  $\theta \times \sigma$  is not conservative. Hence  $\theta \times \sigma$  cannot be ergodic (since it is not the shift on the integers). Theorem 6.1 shows  $\theta$  cannot be mildly mixing.

**COROLLARY 6.3.** *Let  $\theta$  be mildly mixing. Then for every ergodic conservative  $\sigma$  with  $\sigma$ -finite invariant measure,  $\theta \times \sigma$  is ergodic.*

**PROOF.** Let  $\sigma_0$  be the two-sided shift of  $\sigma$ . Then  $\theta \times \sigma_0$  is ergodic. Hence so is  $\theta \times \sigma$  (see Lemma 2.10).

**COROLLARY 6.4.** *Let  $P$  be mildly mixing. Then for every ergodic conservative  $Q$  with  $\sigma$ -finite invariant measure,  $P \times Q$  is ergodic.*

**REMARK.** The result of [8] shows that if  $P$  has a finite invariant measure, Corollary 6.4 is true even if  $Q$  has no  $\sigma$ -finite invariant measure.

**THEOREM 6.5.** *If  $P$  is completely mixing and  $Q$  is mildly mixing, then  $P \times Q$  is mildly mixing.*

**PROOF.** Let  $P$  be defined on  $L_\infty(X, m)$ ,  $Q$  on  $L_\infty(Y, \mu)$ . Let  $f \in L_\infty(X \times Y)$  satisfy  $(P \times Q)^n f \rightarrow f$  weak-\* in  $L_\infty(X \times Y)$ .

Take  $u \in L_1(X)$  with  $\int u dm = 0$ , and  $v \in L_1(Y)$ . Then

$$\begin{aligned} & \left| \int \int u(x)v(y)(P \times Q)^n f dm d\mu \right| \\ &= \left| \int \int uP^n(x)vQ^n(y)f(x,y)dm(x)d\mu(y) \right| \\ &\leq \int |vQ^n(y)| \left| \int uP^n(x)f(x,y)dm(x) \right| d\mu(y) \\ &\leq \int |vQ^n(y)| \|uP^n\|_1 \|f\|_\infty d\mu \\ &\leq \|v\|_1 \|f\|_\infty \|uP^n\|_1 \\ &\xrightarrow{n \rightarrow \infty} 0. \end{aligned}$$

Hence  $\int \int u(x)v(y)f(x,y)dm d\mu = 0 = \int u(x)[\int f(x,y)v(y)d\mu]dm$ . Fix  $v \in L_1(Y)$ , and denote  $h(x) = \int f(x,y)v(y)d\mu$ . Since  $\int u(x)h(x)dm = 0$  for every  $u \in L_1(X)$  with  $\int u dm = 0$ , we have that  $h(x)$  is constant a.e. on  $X$ . Denote the constant by  $\alpha(v)$ . Then  $|\alpha(v)| \leq \|f\|_\infty \|v\|_1$ . Since  $\alpha(v)$  is linear in  $v$ , there is a



$g \in L_\infty(Y)$  such that  $\alpha(v) = \int v(y)g(y)d\mu$ . Hence  $f(x, y) = g(y)$  a.e. on  $X \times Y$ . The assumption yields that  $Q^n g \rightarrow g$  weak-\* in  $L_\infty(Y)$ , and mild mixing of  $Q$  implies that  $g$  is constant a.e., hence so is  $f$ .

EXAMPLE 6.6. A conservative mildly mixing transformation with infinite invariant measure and non-atomic tail field.

Let  $\theta$  be exact conservative with  $\sigma$ -finite infinite invariant measure, and let  $\sigma$  be invertible probability-preserving and mild mixing (on a non-atomic space). Then  $\theta \times \sigma$  has the required properties.

THEOREM 6.7. *Let  $\theta$  be the two-sided shift of a conservative mildly mixing Markov operator  $P$  with  $\sigma$ -finite invariant measure. If  $\sigma$  is a conservative and ergodic transformation with  $\sigma$ -finite invariant measure such that  $\theta \times \sigma$  is conservative, then  $\theta \times \sigma$  is ergodic.*

PROOF. Let  $\rho$  be the two-sided shift (natural extension) of  $\sigma$ . Let  $\theta_1$  be the (one-sided) shift of  $P$ . Then  $\theta \times \sigma$  conservative implies  $\theta_1 \times \sigma$  conservative (Lemma 2.10), and by Corollary 6.4 (and Theorem 2.9)  $P \times \sigma$  and  $\theta_1 \times \sigma$  are conservative and ergodic. By Theorem 2.11  $\theta \times \rho$  is (conservative and) ergodic, so by Lemma 2.10  $\theta \times \sigma$  is ergodic.

REMARKS. (1) If  $\theta$  has a finite invariant measure, the conditions of the theorem are equivalent to mild mixing (since the construction in [8] yields a transformation with  $\sigma$ -finite invariant measure). If the invariant measure is infinite,  $\theta$  is *not* mildly mixing (by Corollary 6.2).

(2) In contrast to the finite invariant measure case, the condition on  $\theta$  in Theorem 6.7 does not imply that  $\theta \times \theta$  is ergodic, since it may fail to be conservative. Such an example is given by  $\sigma$  in Example 4.3 (where we take two-sided shifts of aperiodic Markov chains). However, Corollary 4.9 shows that  $\theta$  must be weakly mixing.

EXAMPLE 6.8. A weakly mixing invertible transformation with an infinite  $\sigma$ -finite invariant measure, which does not satisfy the conclusion of Theorem 6.7.

Let  $\rho$  be an invertible weakly mixing transformation with an invariant probability, which is *not* mildly mixing (it is indicated in [8] how to construct such transformations). By [8] there is an invertible ergodic (and conservative)  $\sigma$ ,

preserving an infinite  $\sigma$ -finite measure, such that  $\rho \times \sigma$  is not ergodic. But  $\rho \times \sigma$  is conservative by Theorem 3.2. Let  $\tau$  be the transformation constructed in Theorem 3.3, and let  $\tau_1$  be the two-sided shift of the chain in that proof ( $\tau$  is its one-sided shift). Then  $\tau_1$  is conservative and weakly mixing (see Corollary 4.9) with  $\sigma$ -finite infinite invariant measure. Now  $\sigma \times \tau$  is conservative by Theorem 3.3, and ergodic by Theorem 5.1. Hence  $\sigma \times \tau_1$  is conservative and ergodic. We define  $\theta = \tau_1 \times \rho$ , which is weakly mixing by Corollary 4.8. Then  $\theta \times \sigma = \tau_1 \times \rho \times \sigma$ , which is not ergodic since  $\rho \times \sigma$  is not ergodic. But  $\theta \times \sigma \cong \rho \times (\sigma \times \tau_1)$ , which is conservative by Theorem 3.2, since  $\sigma \times \tau_1$  is conservative.

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